



Crich Monument Race

SATURDAY 13th JULY 2019 RACE BEGINS AT 1.30pm

More info at www.facebook.com/crichmonumentrace
Online entries at www.crichmonumentrace.co.uk

The race is open to everyone and all proceeds go to local charities. The course starts and finishes at the Fete green. This route is approximately 11.3 Kilometres with 1000 feet of climbing, it's a real challenge.

ENTRY FEES: £12 Affiliated runners
£15 Unaffiliated runners

Cheques payable to 'Crich Monument Race'

CLOSING DATE: 6th July 2019 (online & post)

Max 250 runners – entries ONLY available on the day if entry numbers not exceeded beforehand (updates on Facebook and web prior to the race) Entries on the day by 12noon latest. Cost on the day £15 all runners

A gift for each finisher and race category prizes to the following:

- 1st, 2nd, 3rd, male
- 1st, 2nd, 3rd Female
- First Local Male
- First Local Female
- Male 40-49, 50-59 60+
- Female 35-44, 45-59, 60+
- First Team Home Female 3 runners
- First Team Home Male 4 runners
- Breaking of the course record male (41.38) or female (48.18) will win £50



PLEASE SEND POSTAL ENTRIES TO:
Paul Woodhouse, 10 Hodder Close, Crich, Derbyshire DE4 5NH

ENTRY FORM

Crich Monument Race



SURNAME FORENAME

ADDRESS

.....

.....

POSTCODE

SEX Male Female DATE OF BIRTH/...../.....

TELEPHONE

EMAIL

UKA AFFILIATED CLUB

TEAM / CLUB NAME (If you are running as part of a team)

I declare that I am medically fit to run and that I enter the Crich Monument Race entirely at my own risk. I understand that the organisers or sponsors will not be responsible for any injury or illness incurred before, during or as a result of the event, or for any property lost, stolen or damaged. Minimum age for entry 16 years. This event is held under English Athletic Rules. Trail Running association permit number 239.

Signed Date